



Summer 2010 Newsletter 2

Five Things to do Outdoors with Children

By Donna Johnson

www.earlychildhoodnews.com

What are some of your favorite childhood memories. Chances are, some of your fond memories involve nature. But today, with so many activities vying for children's attention—from soccer practice to computer games to television—it's easy to forget that simple activities, like a walk in the park, can be just as rewarding.

The fact is, communing with nature is the perfect hands-on activity. It's educational, entertaining, and economical. And it isn't just for budding biologists either. Nature can provide a foundation for many subjects. An ancient tree might spark the imagination of a future historian. Petals on a flower can give a little mathematician something to count. And a rainbow can stir the soul of a young artist.

Convinced? Okay then, get outdoors! Here are five easy nature activities to get you started.

1. **Make a Leaf Mask.** Some animals such as toads and grasshoppers wear colors that help them blend into their habitats. By wearing a leaf mask, children can blend in, too. First, take a nature walk to collect some fallen leaves.

Next, draw the outline of a mask on cardboard. Almost any shape will work as long as you draw holes for eyes. Cut out the eyes, then let the children cut out the mask. Punch holes in the sides of the mask. Thread a piece of string through each hole and knot. Have the children glue leaves onto the mask with white craft glue. Let the glue dry completely before tying the mask on a child's head.

2. **Go on a Seed Safari.** Seeds are baby plants just waiting for the right environment to grow. They cannot move around on their own so they often hitch rides on people and passing

animals. These sneaky hitchhikers can be caught by dragging an old pair of pantyhose or wearing an old pair of socks over shoes while walking through the woods. Both methods will pick up seeds the children can bring back to the center for planting.

3. **Bury a Treasure.** Encourage the children to draw a treasure map to represent the child care center. Include landmarks such as playgrounds, fences, trees, bushes, etc. Next, plant a variety of spring—flowering bulbs such as crocuses, tulips, or daffodils in different spots around the center. As each bulb gets planted, the children mark its place on the map with an X. Cut out pictures of the flowers from the bulb packages and glue them onto the map as a key.

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Calvary Chapel West
Oahu Preschool

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Special points of interest:

- ☺ Field Trip to Kualoa Ranch on Tuesday, 7/20/10
- ☺ Field Trip to Waikiki Aquarium on Friday, 8/27/10
- ☺ Teacher Prep Week—Monday through Friday, 8/30/10 to 9/3/10, School is Closed
- ☺ Monday, 9/6/10 is Labor Day—School Closed
- ☺ Tuition Due by the 3rd business day of the month

Calvary Chapel West
Oahu Midweek Service:
7pm

Sunday Services:
8:30am & 10:30am
(Childcare is available)

Walk with Jesus





91-928 Fort Weaver Road
Ewa Beach, HI 96706

(808) 689-3444 Preschool Office
(808) 689-6297 Church Office
(808) 689-5556 Fax
Email: ccwopreschool@aol.com

Jesus Cares and So Do We!!!



Calvary Chapel West Oahu Preschool is a ministry of CALVARY CHAPEL WEST OAHU. As a Christian preschool, our primary concern is quality childcare and Kindergarten preparation. As a ministry of the church, our primary concern is correct training in righteousness that the children will be thoroughly equipped for every good work (2 Timothy 3:17). To this end, we endeavor to follow the guidelines listed in our 2009-2010 Parent Guardian Handbook on page 2.

Please visit us in the preschool office for a copy of the handbook if you did not receive one on your child's first day of school at CCWOP~

Our Staff~

- Pastor Charles Couch
- Administrator—Felix Tan
- Director—Sayoko Yamaguchi
- Teachers—Cameron Stevens, Anabel Bolosan, Teri Sueyoshi
- Teacher Assistant—Lauranne Tugade
- Aide—Alex Kissinger, Tao Montoya
- Ground Maintenance—Bobby Silva, Roland Antonio & Bruce Mason

(Continued from front)

4. **Be a Cloud Watcher.** Spend an afternoon watching clouds morph into animals and other shapes. Bring along a pad of paper, crayons, glue, and a bag of cotton balls. Encourage the children to draw the shapes they see, then glue cotton balls onto the drawing to look like clouds.
5. **Measure it with Sticks.** Long ago, before rulers with inches and centimeters, people used all sorts of things for measuring. People used objects from nature, such as sticks and stones. Encourage the children to find their own natural ruler and use it to measure several objects. How many leaves high is the art table? How many sticks long is the toddler room?

Excerpt taken from PATCH Training Tracks, Summer 2010

You can visit their web site @:
<http://www.PatchHawaii.org>

Friendly Reminders ~

- ☺ Tuesday, 7/20/10—Field Trip to Kualoa Ranch
- ☺ Friday, 8/27/10—Field Trip to Waikiki Aquarium
- ☺ Monday—Friday, 8/30/10 to 9/3/10—School Closed for Teacher Prep Week
- ☺ Monday, 9/6/10—Labor Day Holiday, School Closed



Music Corner

The Family in the Dell

A variation on the traditional game

"The Farmer in the Dell"
 The family in the dell
 The family in the dell
 Heigh ho the dairy—o
 The family in the dell.
 The child picks the mom
 The child picks the mom
 Heigh ho the dairy—o
 The family in the dell

Continue with other family members—let children choose which

